

Facilities at SPEC

SPEC has three buildings which accommodate up to 120 guests in total. We are also an ideal place for groups who would like to run their own programme and self-cater.

We have an ARCHERY RANGE, Football Field, Children's Team Building Area, and a ROPES COURSE all situated in 72 Acres of beautiful grounds at the All Saints Pastoral Centre. Activities are run as part of SPEC programmes but can sometimes be available for groups running their own programmes

SPEC has a catering team and two kitchens with ample space in both our dining rooms.

Keen to Volunteer at SPEC??

Are you aged between 18–25 yrs?

Are you committed to young people or children?

Are you willing to deepen your faith?

Do you want to inspire others and transform lives?

Volunteer options: short term, long term, service team(occasional), at events.

Contact us! Check out our website!

www.spec.org.uk

BOOKINGS

If you are interested in making a booking for your school, parish or youth group, or would like more information about SPEC please visit our website or give us a call.

spec is a part of



Diocese of Westminster

Agency for Evangelisation

Registered Charity 233699

spec

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Youth Ministry Centre for
the Diocese of Westminster



spec

SPEC is a vibrant Catholic community and centre that provides Youth Ministry for young people aged 7–14 yr (The Loft) and 13–25yrs (The SPEC Centre). SPEC is dedicated to providing life changing opportunities through a variety of residential programmes and retreats, school missions, parish outreach, youth and young adult events.

SPEC comes from the Latin word 'Speculum Vitae' which means 'mirror to live'. SPEC is also an acronym for Spiritual, Personal, Peer, Educational, Community

Spirituality ...is integral to SPEC. Through our Catholic faith we explore, grow and develop our spirituality.



Personal + Peer...is about developing deeper and meaningful relationships with one another and God. We encourage this through Peer education

Education... we are an educational community where people can learn about themselves, other people and their faith.



Community... Those who work at SPEC live together as a community. We work together to serve the young people who join us for retreats, programmes or youth events

spec CENTRE

The SPEC Centre focuses its work on young people aged 13–25yrs of age. The team that delivers the programmes are a mixture of trained staff and volunteers. Peer ministry is a central characteristic of our ministry and as such, our volunteers are aged between 18–25 yrs of age. Peer ministry helps us tap into the culture of young people and make their faith relevant.

The SPEC Centre provides a range of tailored and holistic programmes for young people. Programme features include: Music + Liturgy, Creative Arts, Multimedia, Prayer, Workshops, Discussion Groups, Reflection, Outdoor + Team Building activities. Relevant issues



facing young people are addressed through our programmes. Our hope is to help young people grow in their faith and equip them with skills to help them grow in their lives.

Programmes on offer include: School Retreats, Residential and Day Programmes, Staff Retreats, Confirmation and Parish Retreats, Youth Events, Open Retreats, Training Days, Outreach and Missions to schools and parishes.



The Loft is the Children's Ministry Project at SPEC. We work with children of primary school age ('Loft Primary')

and young people years 7-9 in secondary schools ('Loft Secondary'). Our children's ministry began as a response to a need for more opportunities for spiritual development in young people aged 7 to 14.



Programmes for primary groups include a range of indoor and outdoor activities. They might be physical, creative, spiritual or just plain fun. Through the activities we aim to develop children's personality and spirituality, showing them how God can work in their lives.

The Loft Secondary Programmes follow a sequence of

Choose life. Choose a job. Choose a career. Choose a family. Choose friendship. Choose to smile at someone new today. Choose to smile at yourself. Choose to see the good in the people and the places around you. Choose to do at least one small thing that helps the underdog today. Choose not to follow the crowd. Choose a way that is difficult to understand, difficult for your friends to understand, but which brings life. Choose to see Jesus in the poor; the ugly, the homeless. Choose to accept those who are different. Choose forgiveness. Choose hope. Choose the truth. Choose a love that is unconditional and undemanding. Choose the challenge to love in the same way. Choose to be yourself and to love yourself.

Jesus spotting

themes from Year 7 to Year 9, focusing on issues that are relevant for these groups such as friendship, identity, and the choices we make in life. We aim to show them the relevance of Jesus and his teachings to these contemporary themes.

Choose your future. Choose life.